

Sibford Gower Beauty therapist putting an end to embarrassing skin complaints

Banbury beauty therapist Jo Plumley, has successfully completed an 'Advanced Cosmetic Procedures' course run by Sterex Electrolysis International Ltd. This will allow her to treat skin complaints such as thread veins, warts, sebaceous cysts, and verrucas at her Serenity at Sibford beauty salon in Sibford Gower (<http://www.serenityatsibford.com>).

Sterex is the largest and most respected Electrolysis training company in the UK. The ACP training is recognised by the country's leading trade associations and major insurers.

Jo Plumley is a highly qualified beauty and holistic therapist. As a qualified electrolysis practitioner, this Advanced Cosmetic Procedures training is part of Jo Plumley's continuing professional development, which ensures her clients receive the most up-to-date cosmetic treatments.

Jo Plumley comments, "Many women have to apply concealer and make-up to cover up redness caused by tiny red thread veins on their cheeks, nose, and on their chin. The redness can also be exacerbated by sunshine - particularly relevant at this time of year. By using Advanced Electrolysis (Diathermy) treatments, I am able to reduce the appearance of the thread veins in just 15 - 30 minutes. Women who suffer from this problem are really excited to find blemishes, which have troubled them for years, can be removed in a matter of minutes!"

In addition to electrolysis and beauty therapy, the Serenity at Sibford salon offers sports and remedial massage and Pilates classes. Anyone wanting further information or to make an appointment, should phone 01295 788463 or visit <http://www.serenityatsibford.com>.

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Notes for Editors



Serenity at Sibford Beauty Salon at Gautherns Barn in Sibford Gower, near Banbury, was opened in March 2007. Jo Plumley has NVQ level 2 and 3 in Beauty Therapy, and a Diploma in Holistic Therapy. She is also trained in Indian head massage, Swedish massage, and aromatherapy. She has a 1st & 2nd degree in Reiki, and has studied anatomy and physiology.

Jo Plumley's team includes a sports and remedial massage therapist, and a Master Pilates instructor.

For more information, please contact:

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